

Hello Parents of Arrowsmith Students,

I hope this letter finds your family well and enjoying the remaining days of summer break!

Soon it will be time to return to the routine and schedule of school and the Arrowsmith Program classroom. I am looking forward to being back, encouraging students as they work to become stronger learners, and celebrating with them as they achieve Mastery and success in their cognitive exercises.

Nearly everything needed to participate in the Arrowsmith Program will be provided for your child, but they will need to bring a positive attitude,  $\odot$  a willingness to try,  $\odot$  and...1 Box of Kleenex  $\odot$ .

Now is also a good time to mention the expectations for Arrowsmith "homework" for the coming school year. Homework is an integral part of the Arrowsmith Program. It addresses the Motor Symbol Sequencing (MSS) cognitive area, which is involved in the reading and writing process and enlists the muscular system and the motor cortex. If your child is programmed to strengthen this area, two exercises will be scheduled, each requiring at-home work. MSS is typically the slowest cognitive function to improve and as such requires work to be done both in the classroom and at home in order to make the anticipated progress. 30-45 minutes of "homework" is assigned every school day for each of the two MSS exercises.

At-home work will begin Tuesday, September 5 (after Labor Day) and is also part of middle- and high school sports eligibility requirements. If, at any time, you think a modified homework plan is necessary, please contact me and we will work out a plan together that best fits your child's needs.

Finally, a reminder that Meet Your Teacher Night for all grades is Thursday, Aug 17 from 5:30-7:30 PM. Come any time during the evening to drop off Kleenex, pick up schedules, or just say "Hi". I'm looking forward to a great year working together with you and your child!

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